

Class Schedule - Fall 2025

Monday

8am - Level 2, Reformer Bone Density w/Jen
9am: Level 2, Reformer w/Molly
Noon: Level 2, Reformer w/Maureen
Noon: Level 2, Pilates Mat w/Laurie
1pm: Level 3, Advanced Reformer w/Maureen
5pm: Level 1, Beginner Reformer w/Libby
5pm: Level 1, Beginner Mat w/Michelle
6pm: Level 2, Reformer w/Libby
7pm: Level 2, Reformer w/Libby

Tuesday

8am: Level 2, Bone Density Reformer Bone Density w/Maureen
9am: Level 2, Reformer w/Maureen
9am: Level 2, Pilates Mat w/Laurie
Noon: Level 1, Beginner Reformer w/Michelle
1pm: Level 2, Reformer w/Michelle
5pm: Level 1, Reformer Bone Density w/Molly
6pm: Level 2, Reformer w/Maureen

Wednesday

8am: Level 2, Reformer w/Libby
9am: Level 2, Reformer Bone Density w/Molly
Noon: Level 2, Reformer w/Jen
Noon: Level 2, Pilates Mat w/Laurie
1pm: Level 2, Oov/Mobo w/Maureen
5pm: Level 1, Beginner Reformer w/Audrey
6pm: Level 2, Reformer w/Audrey
7pm: Level 2, Reformer for Runners w/Audrey

Thursday

8am: Level 2, Reformer w/Maureen
9am: Level 2, Reformer Bone Density w/Maureen
9am: Level 2, Classical Mat w/Christine
Noon: Level 1, Beginner Reformer Bone Density w/Michelle
1pm: Level 2, Reformer w/Michelle
4pm: Level 1, Beginner Reformer w/Michelle
5pm: Level 3, Advanced Reformer w/Maureen
5pm: Level 2, Pilates Mat w/Michelle
6pm: Level 2, Jumpboard Reformer w/Maureen

Friday

8am: Level 2, Classical Reformer w/Christine
9am: Level 2, Reformer Bone Density w/Katrina
10am: Level 2, Oov/Mobo Board w/Maureen
11am: Level 1, Beginner Mat w/Michelle
Noon: Level 2, Reformer Bone Density w/Michelle
1pm: Level 2, Reformer w/Michelle

Saturday

8am: Level 2, Reformer w/Maureen
9am: Level 2, Reformer Bone Density w/Maureen
10am: Level 3, Advanced Reformer w/Maureen
11am: Level 1, Beginner Reformer w/Maureen

Sunday

9am: Level 2, Reformer w/Michelle
10am: Level 1, Beginner Reformer w/Kim
10am: Level 2, Pilates Mat w/Michelle
11am: Level 2, Reformer w/Kim

This class schedule is subject to change.

Check our live class schedule at thepilatesstudioinhadley.com/schedules for the most current updates including class cancellations, spaces available and substitute teachers.

Cancellation/No Show Policies:

If you miss class and haven't cancelled (early or late), you'll be charged a \$10 **no-show fee** and the class will still be deducted from your account.

For Packages and 2 or 3x/week memberships:

Cancellations less than 24 hours (late cancel) in advance will be deducted from your active packages. If no package exists in your account you will be charged the full single rate.

For Unlimited Monthly Class membership:

Your membership includes one complimentary late cancel per month, and any unused allowances do not roll over. Any additional late cancellations (under 24 hours in advance) following the initial free allowance will result in a \$35 fee, automatically charged to your stored **credit card**.

